




Thrive Newsletter

28.06.19 



RETHINKING POWER NEEDS

@kwiens62



POWER IS NOT LIKE A REMOTE CONTROL WHERE ONLY ONE PERSON HAS ALL THE POWER AND CONTROL.



POWER IS LIKE A CANDLE. YOU CAN GIVE A CHILD POWER WITHOUT GIVING AWAY ANY OF YOUR OWN POWER.



YOU DON'T HAVE A SET AMOUNT OF POWER - LIKE A BUCKETFUL. THERE ARE WAYS TO GIVE A CHILD POWER WITHOUT LOSING ANY OF YOUR OWN.

KIDS DON'T WANT YOUR POWER. THEY WANT THEIR OWN.

RICHARD LAVOIE



WHEN A STUDENT FEELS THEY HAVE

POWER WITH

THE ADULTS AS WELL AS

POWER WITHIN

THEMSELVES

THEY'LL HAVE LESS NEED TO SEEK

POWER OVER

OTHERS



A NEW UNDERSTANDING OF POWER CAN HELP WITH THIS

“SEE A CHILD DIFFERENTLY... SEE A DIFFERENT CHILD”

STUART SHANKER



6 WAYS TO HELP KIDS MEET THEIR POWER NEEDS

1. OFFER CHOICE, NOT ORDERS
2. GIVE RESPONSIBILITY
3. START WITH STRENGTHS
4. EXPRESS INTEREST RATHER THAN PRAISE
5. ASK FOR THEIR OPINION
6. ASK FOR THEIR HELP



6 POINTS TO REMEMBER

1. AVOID POWER STRUGGLES
2. AVOID MAKING THREATS
3. GROWING POWER NEEDS ARE A HEALTHY PART OF CHILD DEVELOPMENT
4. RESPECT BOUNDARIES
5. THE RULES (NOT THE ADULT) SHOULD BE OBEYED
6. REFLECT ON YOUR OWN NEED FOR POWER & CONTROL

“THE REALITY IS THAT NO ONE WINS A POWER STRUGGLE” ROSS GREENE

